



Imperial County Association of Retired Employees

2026 Benefits Guide **Benefits Begin January 1, 2026**



**Open Enrollment Ends
November 14, 2025**

Index	Page
How to Enroll	2
Enrollment Form	3
Selecting the Right Dental Plan	5
Dental PPO by Ameritas	6
Dental HMO by Cigna	10
Dentist Directory	12
Vision by VSP	20
Personal Accident	21
ID Shield	22
Armadillo Home Warranty	23
Emergency Assistance Plus (Annual Travel Policy)	24
Legal Shield	26
Nationwide Pet Insurance	28
United Pet Care	29
Life Insurance	30
Start Hearing	31
Frequently Asked Questions	33
Disclaimer & Member Requirements	35

Open Enrollment ends November 14, 2025.

Coverages begin January 1, 2026.

**If you have a question that was not answered in this guide, please contact us at
(800) 511-9065 or ICARE@pgagencies.com.**

**Please do NOT call ICARE, ICERS, or the County with questions about the
plans detailed in this guide. They will be unable to help you.**



Benefits Available Exclusively for Imperial County Association of Retired Employees Members

Dear Fellow Retiree:

The Imperial County Association of Retired Employees (ICARE) is the only officially recognized organization representing Imperial County retirees. We continue to speak on your behalf at the Imperial County Employees' Retirement Services (ICERS). ICARE is a member supported, non-profit, non-partisan, non-union organization that advocates, educates, informs, and provides social activities for members.

ICARE members have access to many exclusive benefits. One extremely popular benefit is group insurance. These plans are detailed in this Benefits Guide. They are completely independent of those offered by the County of Imperial. All plans listed in this guide are administered by Pacific Group Agencies and available exclusively to ICARE members. The Open Enrollment period for these plans is upon us.

Please take a moment to review all the benefits that are available to you. Plans available include a dental PPO plan with a generous \$1,500 annual benefit maximum, a Cigna dental HMO plan a large nationwide dental network, a vision plan that covers exams, lenses, and frames, and many others.

To add strength to our organization and become an ICARE member, please complete Step 1 of the enclosed enrollment form on page 3 of this booklet. If also electing to enroll in any of the voluntary benefits, please also complete the remaining steps. Time to take advantage of them is limited. **The Open Enrollment period ends November 14th.**

If you should have any questions on the benefit plans in this guide, please direct them to our Benefit Plans Administrator, Pacific Group Agencies, at (800) 511-9065 or ICARE@pgagencies.com. **Please do NOT call ICARE, ICERS, or the County with questions about the plans discussed in this Benefit Guide, they will be unable to assist you.**

Sincerely,

ICARE Executive Board

How To Enroll

You can enroll in the **Dental, Vision, Legal Shield, ID Shield, Armadillo, and Personal Accident** plans using the attached enrollment form (located on Page 3 of this booklet). A postage paid envelope is attached for your convenience. If you do not have the return envelope, please mail the form to:

Pacific Group Agencies
25876 The Old Road #11
Santa Clarita, CA 91381

You may also fax the form to: (800) 549-0059. Please make sure to fax both sides of the form.

An online form is available at: www.pgagencies.com/icare

You can enroll in the **Pet plans** by calling the carrier direct or visiting their website. If calling, remember to mention you are an ICARE member, so you get special discounted rates.

- Nationwide Pet Insurance (Premiums are credit card billed)
Visit www.petinsurance.com/icare or call (877) 738-7874.
- United Pet Care
Visit www.unitedpetcare.com/icare or call (877) 872-8800.

Emergency Assistance Plus is purchased (credit card billed) on an annual basis.
Visit www.emergencyassistanceplus.com/pedit or call (877) 883-1935.

Term Life is medically underwritten. Complete the information on the enclosed form and a quote will be mailed to you. Please note: Quotes are generally mailed to members in late January.

Start Hearing is a FREE benefit to members and their family. No need to enroll. Just call Start Hearing at (888) 200-5701 and let them know you're a ICARE member, and they will explain the process.



Imperial County Association of Retired Employees

For Office Use Only
Received
Effective Date

Step 1: Provide your information and authorize deduction. PLEASE PRINT CLEARLY.

Last Name		First Name		Full Social Security Number Required
Male/Female	Date of Birth	Telephone ()	E-mail Address	
Home Address				
City		State	Zip	

I elect to join ICARE. Dues are only \$10.00 per year and by signing this form you authorize their deduction from your pension check each February. As a member, you will receive our newsletter and have access to our meeting which provides an opportunity to visit with old friends and former co-workers. Even if you are unable to attend or take part in our meetings, you can help us to protect your interests by joining and being a part of our Association.

ICARE has banded together with California Retired County Employees' Association for the purpose of obtaining a mutual, benevolent and protective association; to promote activities for the retirees on a continuing basis; to foster cooperation and economic well-being; to coordinate legislation and policy affecting retirees with the State of California, the Board of Supervisors, and the Board of Retirement; and to publish information to the members on a continuing basis relating to matters affecting the retirees. ICARE is also represented on the County Board of Retirement and an ICARE Association member sits on the County Insurance Committee.

If electing voluntary benefits, by signing this form, I hereby authorize ICERS to deduct from my retirement benefit the amount requested by Pacific Group Agencies ("PGA") and pay that amount to PGA. I understand that ICERS deducts members' premiums as a courtesy and that ICERS has no duty or obligation to verify the accuracy of any information provided by its members or PGA. I agree that ICERS is not responsible for determining the amount that should be deducted to cover the cost of my current premiums. I further agree not to hold ICERS liable for any discrepancy in premiums deducted from my benefits. If a discrepancy in the amount withheld arises, I will contact PGA directly to remedy the issue, and should any additional payment or refund be required, I will handle such transaction with PGA directly. I agree that ICERS is neither a party nor beneficiary to my agreement with PGA and that ICERS is hereby released from liability for negligence, intentional acts, damages, or any other claims (known or unknown) arising from my agreement with PGA. This authorization will remain in effect until it is revoked by me in writing. I will submit any revocations in writing to PGA. I understand that there is a minimum one year commitment to the dental and vision plans and I acknowledge that I have read the Disclaimer and Member Requirements in the benefit booklet.

Sign Here → _____ Date _____

Step 2: If selecting spouse / domestic partner / family coverage, provide their information.

Spouse / Domestic Partner Name	Date of Birth	M / F	Full Social Security Number Required
Child Name <i>(Please note child coverage age limits. If disabled, please provide proof with enrollment.)</i>	Date of Birth	M / F	Full Social Security Number Required

→ TURN OVER FOR ADDITIONAL PLAN INFORMATION ←

Step 3: To enroll in the voluntary benefit plans, select the coverages that are right for you.

Dental		Vision	ID Shield
Select Plan (Select One): ☐ PPO High Option (Ameritas) ☐ PPO Low Option (Ameritas) ☐ HMO (Cigna) Facility #: _____ <i>Located in HMO Directory in guide.</i>	Who is covered (Select one): ☐ Member Only ☐ Member + Spouse ☐ Member + Child ☐ Member + Family	Who is covered (Select one): ☐ Member Only ☐ Member + Spouse ☐ Member + Child ☐ Member + Family	Who is covered (Select one): ☐ Member Only ☐ Member + Spouse <i>This plan requires an email address.</i>
Personal Accident			Legal Shield
Who is covered (Select one): ☐ Member Only ☐ Member + Family		Select AD&D Benefit Amount: ☐ \$100,000 ☐ \$200,000 ☐ \$300,000 ☐ \$400,000 ☐ \$500,000	Provide beneficiary information: Beneficiary: _____ Relationship: _____ Plan covers member & family ☐ Member + Family <i>This plan requires an email address.</i>

Armadillo Home Warranty	
Select Plan (Only select One): ☐ Appliance Plan ☐ Essentials Plus Plan	Property address, if differs from Step 1. Address _____ City _____ State _____ Zip _____

Step 4: For other plans, please see below.

Pet, Emergency Assistance Plus, & Start Hearing Please refer to the Benefits Guide for information on enrolling in these plans. If you need assistance, please call our Administrator, Pacific Group Agencies, at (800) 511-9065
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Life Insurance
Rates listed in the Benefits Guide are estimates for an average healthy non-smoker. Final rate is determined by the Underwriter after reviewing your life insurance application and medical records. Rates are approximately 100% higher for those with diabetes, heart disease, high cholesterol, or high blood pressure. Rates are approximately 150% higher for healthy tobacco users. Tobacco users with other health issues will likely not qualify for coverage. People actively treated for cancer, depression, heart attack, or stroke within the last two years will not qualify for coverage. If you would like to be emailed an application for life insurance check here. ☐

**If you have questions or need assistance in filling out these forms,
call the Plan Administrator, Pacific Group Agencies, at (800) 511-9065.**

**Please mail this completed form in the enclosed postage paid envelope to:
Pacific Group Agencies, Inc, 25876 The Old Road #11, Santa Clarita, CA 91381**

Selecting the Right Dental Plan: PPO vs. HMO

When deciding between a PPO and an HMO plan, many members assume that one must be better than the other. The truth is that neither one is better than the other. They just work differently.

Both plans we offer are comprehensive and cover procedures from routine cleanings and X-rays to major issues like crowns and dentures. So why pick one plan over the other? Freedom and cost are the two main deciding factors for most members.

PPO Plans allow you to use any dentist. While PPO plans have dentist networks, you are not required to use a dentist in the network and may use a non-network dentist. However, there are significant cost savings if you do use a network dentist, as network dentists have agreed to charge significantly reduced rates.

Your savings with a network dentist work like this: You need a crown, and the normal cost is \$1,200:

- Your dentist **is** a network dentist: Your dentist has agreed with the insurance carrier to reduced fees. Instead of \$1,200, they agree to charge only \$700. Crowns fall under the Major Services category, so cost is split 50/50 between you and insurance. Your out-of-pocket cost is \$350.
- Your dentist is **not** a network dentist: Your dentist charges their standard \$1,200 rate. Insurance pays its portion based on the average local rate, around \$750. Insurance pays 50% of the \$750, and you will be responsible for the remaining balance. Your out-of-pocket cost is \$825.

We recommend selecting the PPO plan if your current dentist is an Ameritas network dentist, does not accept the Cigna HMO plan, and you're not willing to change dentists. If your dentist does accept the Cigna HMO plan or you are willing to change dentists, the HMO plan is likely the better plan for you.

HMO Plans use a network of highly qualified and pre-screened dentists. You must use one of these dentists. A referral to specialists is required and will be provided by your primary dentist.

You are never locked into a dental office. You may switch dental offices as often as you like by calling the insurance company and letting them know you wish to change.

HMO plans have set co-pays for all covered procedures. Therefore, you will know beforehand what your out-of-pocket cost will be. Your dentist is never allowed to charge more than the agreed upon co-pays.

The Fine Print: All plans have exclusions and limitations, and they can vary greatly between insurance companies and plan types. They can vary between annual number of cleanings, waiting periods, and annual benefit maximums. These issues should be taken into consideration when choosing a plan.

For example, the Ameritas PPO plan requires a crown be 10 years old before replacement, while the Cigna HMO plan only requires 5 years.

It's also important to remember that insurance is designed to cover potential future events, not events that have already happened. Therefore, if you have already started work or have a tooth that was missing before the date this insurance started, the insurance most likely will not provide coverage for these issues.

Dental PPO - High Plan

Freedom to Use Any Dentist - No Network Restrictions

Ameritas Dental Monthly Premium	
Member Only	\$45
Member + One (Spouse/Domestic Partner <u>or</u> Child)	\$90
Member + Family	\$115

Dental work becomes more expensive every day and as too many people find out, going without dental insurance can be a very costly mistake. This comprehensive dental plan covers over 360 procedures, from routine cleanings to major items including crowns, dentures, and implants. Whether you need routine care or something more extensive, this plan will have you covered.

Members and dependents each receive a robust **\$1,500 annual network benefit**. As an added benefit, enrollees who visit the dentist at least once during the year will have their in-network Basic Services benefit increased by 5% the following year - up to an 85% maximum.

Dental Rewards® is included in this plan. This feature allows qualifying plan members to carryover part of their unused annual maximum. A member earns dental rewards by submitting at least one claim for dental expenses incurred during the benefit year, while staying at or under the threshold amount for benefits received for that year.

Benefit Threshold Annual	\$750	Dental benefits received for the year cannot exceed this amount
Carryover Amount	up to \$400	Dental Rewards amount is added to the following year's maximum
Maximum Carryover	\$1,000	Maximum possible accumulation for Dental Rewards

This PPO plan allows you to use any dentist. Your dentist does not need to be part of any network. However, if your dentist is an Ameritas Network dentist, you will receive significantly reduced prices. Ameritas Network Dentists have agreed to charge significantly reduced prices, typically saving you around 25-50% off their regular rates. Ameritas has the largest dental network nationwide with over 325,000 providers, so there is a good chance your dentist belongs.

**Find Ameritas “Classic PPO & Plus” Network providers
in your area at: <https://dentalnetwork.ameritas.com/>**

Coverage is available for the member, and you may also insure your spouse/domestic partner, and/or your dependent children up to age 26. Children aged 26 and older are eligible if they are permanently disabled and the member lists them as a dependent on their tax return. Grandchildren are only eligible if you have full legal custody.

Dental PPO - High Plan Benefits

Description	Network Dentist	Non-Network Dentist*
Calendar Year Benefit	\$1,500	
Dental Rewards	\$400 / Year	\$250 / Year
Calendar Year Deductible <i>Waived for Preventative</i>	\$50 / Person	\$75 / Person
Preventative Services		
Cleaning, Oral Exam, Bitewings	100%	80%
Basic Services		
Periodontal Maintenance, Filling, Simple Extraction, Panoramic X-Ray, Denture Repair & Reline, Recement, Biopsy, Emergency Pain Relief	75% - Year 1 80% - Year 2 85% - Year 3	75%
Major Services <i>12-month waiting period applies unless you had other dental insurance for all of 2024. If so, please include proof of current coverage with the enrollment form.</i>		
Crown, Implant, Periodontic, Endodontic, Root Canal, Bridge, Denture, Complex Extraction, Anesthesia, Bone Augmentation, Inlay Restoration, Onlay Restoration, Crown Repair, Bridge Repair, Space Maintainer, Teeth Whitening	50%	50%

**Benefit levels are based on the Maximum Allowable Charge (MAC) for services.*

Dental PPO - Low Plan

Low-cost Alternative - Same Great Network

Ameritas Dental Monthly Premium	
Member Only	\$37
Member + One (Spouse/Domestic Partner <u>or</u> Child)	\$79
Member + Family	\$123

Similarly to the High Plan, this comprehensive dental plan covers over 360 procedures, from routine cleanings to major items including crowns, dentures, and implants. Whether you need routine care or something more extensive, this plan will have you covered.

Members and dependents each receive **\$1,000 annual network benefit**. This plan allows you to maintain your dental health by seeing a dentist every six months for your preventative care. A healthy mouth leads to better overall health.

Dental Rewards® is included in this plan. This feature allows qualifying plan members to carryover part of their unused annual maximum. A member earns dental rewards by submitting at least one claim for dental expenses incurred during the benefit year, while staying at or under the threshold amount for benefits received for that year.

Benefit Threshold Annual	\$500	Dental benefits received for the year cannot exceed this amount
Carryover Amount	\$250	Dental Rewards amount is added to the following year's maximum
Maximum Carryover	\$1,000	Maximum possible accumulation for Dental Rewards

This PPO plan allows you to use any dentist. Your dentist does not need to be part of any network. However, if your dentist is an Ameritas Network dentist, you will receive significantly reduced prices. Ameritas Network Dentists have agreed to charge significantly reduced prices, typically saving you around 25-50% off their regular rates. Ameritas has the largest dental network nationwide with over 325,000 providers, so there is a good chance your dentist belongs.

**Find Ameritas “Classic PPO & Plus” Network providers
in your area at: <https://dentalnetwork.ameritas.com/>**

Coverage is available for the member, and you may also insure your spouse/domestic partner, and/or your dependent children up to age 26. Children aged 26 and older are eligible if they are permanently disabled and the member lists them as a dependent on their tax return. Grandchildren are only eligible if you have full legal custody.

Dental PPO - Low Plan Benefits

Description	Network Dentist	Non-Network Dentist*
Calendar Year Benefit	\$1,000	
Dental Rewards	\$250 / Year	
Deductible	\$25 / Visit	
Preventative Services		
Cleaning, Oral Exam, Bitewings, Panoramic X-rays, Periapical X-rays, Sealants (16 and Under), Space Maintainers	100%	
Basic Services		
Fillings, Restorative Composites (Anterior and Posterior), Endodontics (Surgical and Nonsurgical), Periodontics (Surgical and Nonsurgical), Simple and Complex Extractions, Denture Repair, Anesthesia	50%	
Major Services		
Onlays, Crowns, Crown Repair, Prosthodontics (Fixed Bridges, Removable Complete/Partial Dentures)	50%	

^{*}Benefit levels are based on the Maximum Allowable Charge (MAC) for services.

Dental HMO by Cigna

Large Nationwide Network of Providers!

Monthly Premium	
Member Only	\$40
Member + Spouse / Domestic Partner <u>or</u> Child	\$80
Member + Family	\$135

Comprehensive coverage. Low copay for all covered procedures. Nationwide network of dentists to choose from. What more could you ask for?

This low copay Cigna HMO dental plan has comprehensive coverage, covering 380+ procedures, from routine preventative (cleanings, x-rays) to major (crowns, dentures, extractions, implants, and orthodontics), all at very low copays.

There is no calendar year maximum dollar benefit. There is no waiting period for any covered service. Whether it's a cleaning or a crown, all services are available to the enrollee on day one.

There are no surprises as the copay for every covered procedure is listed upfront. Your dentist may never charge you more than the listed for any of the covered services. Also, many Cigna providers extend discounts on non-covered procedures, such as teeth whitening.

This Cigna plan uses the expanded Cigna Dental Care Access Plus network, which has thousands of dentists to choose from nationwide. All Cigna network dentists and specialists are highly qualified and have been pre-screened and thoroughly evaluated prior to their acceptance. As with all HMO plans, you must select a dentist from the Cigna network. However, you may change dentists at any time by calling Cigna.

Coverage is available for the member, and you may also insure your spouse/domestic partner, and/or your dependent children up to age 26. Children aged 26 and older are eligible if they are permanently disabled and the member lists them as a dependent on their tax return. Grandchildren are only eligible if you have full legal custody.

Member Copays for Common Dental Procedures

With 380+ covered dental procedures, it would be too numerous to list them all in this booklet. The following list is of the most common procedures covered by this plan and the member copay. A listing of all covered procedures will be mailed to you prior to your coverage becoming effective.

Procedure Type	Member Copay
Porcelain Crown	\$225
Porcelain Inlay / Onlay	\$185
Denture (Bridge)	\$150
Oral Exam and Cleaning	\$0
Root Canal (Anterior)	\$80
Periodontal Maintenance	\$30
Abutment	\$485
X-Ray	\$0
Resin Filling	\$0
Extraction of Erupted Tooth	\$5
Scaling and Root Planing	\$40
Post & Core	\$50
Denture Repair	\$30
Anesthesia	\$0
Post & Core	\$50
Gingivectomy	\$130
Bone Graft	\$205
Tissue Graft	\$125
Removal of Lesion or Cyst and Biopsy	\$0
Desensitizing Medication	\$15
Note: Procedure Type has been modified into “plain English” and multiple procedures grouped under a single procedure type. Your specific procedure may have a different code than the one listed above.	

Cigna HMO General Dentist Directory

This list is only for those enrolling in the Cigna HMO dental plan.

Note: If enrolling in the Ameritas PPO plan, ignore this list as it pertains only to the Cigna HMO plan.

The following is a list of general dentists in the Imperial area for the Cigna HMO dental plan. When enrolling in the Cigna HMO dental plan, you must select a General Dental facility at time of enrollment. However, you may change dentists at any time by calling Cigna at (800) 244-6224.

Should you live outside the Imperial area, for a list of dentists, please visit: **www.cigna.com** and select:

- 1) Find A Dentist (Upper right of screen)
- 2) How are you enrolled (Employer or School)
- 3) Enter your zip and click on Doctor by Type (Dentist)
- 4) Select Guest (Login or Guest)
- 5) Continue
- 6) Select Cigna Dental Care Access Plus

Alpine			
Bright Smile	Facility #377951	3095 Honey Hill Ranch Rd #1	(619) 445-3665

Bonita			
Fabriel D Burquez	Facility #410989	180 Otay Lakes Rd #210B	(619) 479-4457
Graphite Dental	Facility #723383	4190 Bonita Rd #205	(619) 475-4226

Calexico			
Kamran Ghoreyshi	Facility #663849	408 E 3Rd St #C	(760) 357-9000

Carlsbad			
Carlsbad Village Faire	Facility #614029	300 Carlsbad Village Dr #203	(760) 487-0203
Gateway	Facility #482687	2635 Gateway Rd #101	(760) 431-8112
Gentle Dental	Facility #162169	2620 El Camino Real #A	(760) 720-0966
La Costa Dentistry	Facility #569516	7625 Via Campanile #130	(760) 633-1653
Plaza Family	Facility #214382	2630 El Camino Real Carlsbad	(760) 434-1761

Chula Vista			
A.D. Dental Canyon	Facility #247845	290 Landis Ave	(619) 691-0121
Vista Dental	Facility #511149	700 Otay Lakes Rd	(619) 421-8474
Sonrisa Dental	Facility #749773	510 Broadway #4	(619) 476-9400

Carmen Maroon-Lopez	Facility #430735	2648 Main St #A	(619) 423-5200
Eastlake Modern	Facility #676659	1690 Millenia Ave #102	(619) 348-5324
Gentle Dental	Facility #629945	520 Broadway #1	(619) 476-1001
Glenn Gibson	Facility #217488	885 Canarios Ct #204	(619) 216-9900
Mora Family Dental	Facility #395294	480 4 th Ave #314	(619) 425-8060
My Smile	Facility #438435	585 Telegraph Canyon Rd	(619) 421-7010
Otay Lakes Dental	Facility #662417	2452 Fenton St #200	(619) 934-6620
South Bay Modern Dentist	Facility #745474	57 N Broadway	(619) 371-4909
Suzanne Tulenko	Facility #670898	235 F St	(619) 585-1995
Twin Oaks Family	Facility #139882	230 F St #D	(619) 427-5262
Village Dental	Facility #465455	878 Eastlake Pkwy #1511	(619) 739-4936
Western Dental	Facility #193606	1101 Broadway	(619) 422-8891

Coronado

Morett Dental Spa	Facility #654490	1203 2 nd St #A	(619) 435-6840
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Del Mar

Del Mar Dental	Facility #101096	13983 Mango Dr #106	(858) 792-6662
Promenade Dentists	Facility #661522	2710 Via De La Valle #B250	(858) 703-1012

El Cajon

Bright Now!	Facility #465252	2502 Jamacha Rd	(619) 212-7959
Bright Smile	Facility #195591	1183 E Main St #G	(619) 441-2566
Dental Arts	Facility #221289	707 Arnele Ave	(619) 444-1001
Dr Korel	Facility #190773	1265 Avocado Ave #102	(619) 444-3393
East County Dental	Facility #247843	337 West Madison Ave	(619) 444-3127
East County Family	Facility #200954	13465 Camino Canada #110-A	(619) 390-3669
El Cajon Family	Facility #722471	2720 Fletcher Pkwy	(619) 466-1292
Family Dentistry	Facility #417425	1782 E Main St	(619) 588-2624
Horizon Dental	Facility #415259	742 Broadway	(619) 440-0071
Rancho Dental Arts	Facility #689575	3773 Willow Glen Dr #100	(619) 499-8000
RSD Dental	Facility #465460	2907 Jamacha Rd #B	(619) 660-2424
Selma Younan	Facility #276855	312 Highland Ave #102	(619) 440-0866
Smile by US Dentistry	Facility #213870	480 N Magnolia Ave #103	(619) 444-6355
Sun Valley Dental	Facility #406051	1209 E Main St	(619) 442-0707
Western Dental	Facility #189652	583 N 2 nd St	(619) 440-5800
Magnolia Dental	Facility #793382	420 S Magnolia Ave	(619) 357-0481

El Centro

Nasrin Haghihi	Facility #271845	444 South 8 th Street #F	(760) 353-0084
Pranab Dutt	Facility #211144	1540 S Imperial Ave	(760) 352-2773
Western Dental	Facility #285607	1450 N Imperial Ave	(760) 370-0796

Encinitas

Barnaby I Bender	Facility #170210	1293 Encinitas Blvd	(760) 944-8313
Camino Dental	Facility #285099	1340 Encinitas Blvd #100	(760) 942-3900
Encinitas Smiles	Facility #610270	415 Santa Fe Dr	(760) 388-2161
Pacific Dental	Facility #670688	156 N El Camino Real	(760) 436-7222

Escondido

Bright Now!	Facility #458445	1286-B Auto Park Way	(760) 705-9464
Bright Now!	Facility #465112	501 W Felicita Ave #101	(760) 705-3150
Escondido Smiles	Facility #442016	860 W Valley Pkwy #100	(760) 745-1585
Family Care Dental	Facility #101069	1114 W Valley Pkwy	(760) 738-1070
Gentle Dental	Facility #162190	3440 Del Lago Blvd #C	(760) 746-8777
North County Dental	Facility #535448	401 W Felicita Ave	(760) 233-5887
Village Dental	Facility #664217	8895 Lawrence Welk Dr	(760) 749-7500
Western Dental	Facility #195309	1468 E Valley Pkwy	(760) 480-8700

Imperial Beach

Contreras	Facility #700155	1340 Imperial Beach Blvd #101	(619) 575-6644
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La Jolla

Grey Cunningham	Facility #326924	7300 Girard Ave #206	(858) 454-4114
La Jolla Village Smiles	Facility #537461	8657 Villa La Jolla Dr #211	(858) 272-2260
Accent Dental Care	Facility #664056	8950 Villa La Jolla Dr #C10	(858) 490-6999
Rastegar Dental	Facility #251236	4150 Regents Park Row #320	(858) 453-2070

La Mesa

Dentists of Grossmont	Facility #727786	8400 Center Dr	(619) 433-6960
Allison Avenue Dental	Facility #794799	8131 Allison Ave	(619) 583-1100
Gentle Dental	Facility #100268	5565 Grossmont Center Dr	(619) 464-3383
Jeramel Jardin	Facility #479709	8805 La Mesa Blvd	(619) 741-8300
Jessamine Sunglao	Facility #674056	7900 El Cajon Blvd #D	(619) 469-0494
La Mesa Family Dental	Facility #224049	5680 Lake Murray Blvd	(619) 465-3393
La Mesa Modern	Facility #620183	#B 5620 Lake Murray	(619) 324-4195
Rancho San Diego Dentists	Facility #634559	Blvd 3767 Avocado Blvd	(619) 729-2323

Lemon Grove

Western Dental	Facility #712068	7046 Broadway	(619) 294-4664
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Murrieta

Bright Now!	Facility #500558	40790 California Oaks Road	(951) 704-7740
Castlevew Dental	Facility #488440	#A 26636 Margarita Rd #102	(951) 600-0858
East Murrieta Dental	Facility #280030	39209 Winchester Rd #100	(951) 304-1348
Friendly Dental	Facility #373607	39252 Winchester Rd #117	(951) 894-7769
Gentle Dental	Facility #651485	39872 Los Alamos Rd #A1	(951) 643-6119
Margarita Dental	Facility #280874	39400 Murrieta Hot Springs Rd	(951) 461-7470
Murrieta Dental	Facility #212968	40760 California Oaks Road	(951) 677-3078
Murrieta Dental	Facility #239286	25395 Madison Ave #103	(951) 696-5660
Murrieta Modern Dentistry	Facility #733908	28080 Clinton Keith Rd #100	(951) 370-1529
Plaza Dental Group	Facility #421540	40484 Murrieta Hot Springs Rd	(951) 461-4306
Victory Dental	Facility #410513	24910 Las Brisas Rd #104	(951) 445-4407
West Coast Dental	Facility #759166	41038 California Oaks Rd	(951) 200-8258
Western Dental	Facility #459071	25155 Madison Avenue #101	(951) 834-9750
Madison Springs Dental Group	Facility #793268	25285 Madison Ave #107	(951) 698-3585

National City

Frank Ceja	Facility #200789	3007 Highland Ave #104	(619) 477-2189
Toma Dental	Facility #159662	3460 Highland Ave #D	(619) 420-1100
Western Dental	Facility #249929	1539 E Plaza Blvd	(619) 474-1072

Oceanside

College Dental	Facility #244999	467 College Blvd #2	(760) 631-3060
Del Oro Smiles	Facility #673392	4171 Oceanside Blvd #100C	(760) 283-7180
Emerald Dental	Facility #234860	4645 Frazee Rd #A	(760) 722-0137
Newport Dental	Facility #445194	4170 Oceanside Blvd #183	(760) 936-0000
Oceanside Smiles	Facility #734634	3870 Mission Ave #D4	(760) 994-4088
Quarry Creek Dental	Facility #275845	3430 Marron Rd #300	(760) 730-1303
Rancho Dental	Facility #670705	4140 Oceanside Blvd #131	(760) 630-4800
Real Mission Family	Facility #670933	3760 Mission Ave #102	(760) 721-1095
South Oceanside Dental	Facility #266909	2484 Vista Way #B	(760) 439-0334
Western Dental	Facility #200141	3125 Vista Way #100 4750	(760) 439-1000
Oceanside Dental	Facility# 619611	Oceanside Blvd #A15	(760) 466-0776

Poway			
Edward Farajzadeh	Facility #100959	12921 Pomerado Rd	(858) 679-4949
Poway Family Dental	Facility #256054	13616 Poway Rd #100	(858) 391-9300
Poway Smiles	Facility #245810	12630 Monte Vista Rd #103	(858) 755-7474
Western Dental	Facility #193542	12649 Poway Rd	(858) 486-6672

San Diego			
Affinity Dental	Facility #247846	3330 3 rd Ave #400	(619) 291-8750
Alberto Broas	Facility #674047	3398 Palm Ave # D	(619) 575-1363
Allegiance Dental	Facility #142931	4690 Genesee Ave #B	(858) 279-6100
American Dental	Facility #198670	5382 Clairemont Mesa Blvd	(858) 277-6620
Arvinda Reddy Kunduru	Facility #478803	5440 Morehouse Dr #1800	(858) 433-8798
Barbara Young	Facility #191824	3764 Clairemont Dr	(858) 273-7777
Bay Park Smiles	Facility #615595	2995 Clairemont Dr #A	(858) 200-0827
Beautiful Smile Bernardo	Facility #223603	6368 El Cajon Blvd	(619) 287-8437
Heights Dental	Facility #465479	15731 Bernardo Heights Pkwy	(858) 674-6813
Boston Dental	Facility #275746	9888 Carroll Centre Rd #212	(858) 279-0888
Boulevard Dental	Facility #432143	3531 El Cajon Blvd #A	(619) 584-8975
Brite Smile	Facility #504943	6280 Jackson Dr #2	(619) 667-3330
Carmel Plaza Dental	Facility #119309	11738 Carmel Mtn Rd #170&174	(858) 675-1180
Carmel Valley Dentist	Facility #621114	5550 Carmel Mountain Rd #101	(858) 251-1407
Carroll Canyon	Facility #744112	9870 Carroll Canyon Rd #115	(619) 704-2508
Clairemont Family Dental	Facility #348337	3670 Clairemont Dr #14	(858) 273-0540
Clairemont Smiles	Facility #531491	5675 Balboa Ave	(858) 268-0110
Coast Dental Care College	Facility #270753	6585 El Cajon Blvd	(619) 265-0072
Avenue Dentistry	Facility #740850	4585 College Ave #B	(619) 398-0624
College Grove Dentistry	Facility #647646	3408 College Ave	(619) 363-3881
Cosmetic And Family	Facility #272069	9636 Tierra Grande St #105	(858) 549-4511
Crawford Dental	Facility #189668	5060 Logan Ave	(619) 262-0706
David Freeman	Facility #681888	3095 Clairemont Dr #A1	(619) 276-3283
Dentists of Mission Valley	Facility #759374	575 Camino De La Reina #100	(619) 573-4889
Donald Tran	Facility #664270	4132 University Ave	(619) 280-3373

Downtown SD Modern Dr	Facility #625083	435 4 th Ave	(619) 850-2550
Ellie's Gentle Dentistry	Facility #449329	2020 Camino Del Rio N #101	(619) 542-1800
Dr Zak	Facility #139768	4167 Ohio St	(619) 281-6635
Dr Zak	Facility #229999	5625 Ruffin Rd #200	(858) 569-9651
East Village Dental	Facility #607612	1455 G St	(619) 324-4981
Florabel Oliver-Badillo	Facility #252631	10717 Camino Ruiz #122	(858) 566-6099
Gentle Dental	Facility #166000	11230 Sorrento Valley Rd #130	(858) 458-9126
Gregg Johnson	Facility #670481	306 Walnut Ave #34	(619) 297-6720
James Berry	Facility #678890	4540 Kearny Villa Rd #116	(858) 571-3534
Jim Chang	Facility #179999	12798 Rancho Penasquitos #I	(858) 484-9776
Kensington Dental	Facility #567873	4142 Adams Ave #104	(619) 326-0157
Lakhani	Facility #525356	9625 Black Mountain Rd #205	(858) 362-3540
Mira Mesa Dental	Facility #409194	6755 Mira Mesa Blvd #142	(858) 457-7747
Mira Mesa Smiles	Facility #739630	8997 Mira Mesa Blvd	(619) 704-2536
Mission Bay Dental	Facility #663099	1324 Garnet Ave	(619) 275-2750
Mission Gorge Modern	Facility #745473	6101 Mission Gorge Rd	(619) 272-2271
Mission Hills Dental	Facility #622133	718 W Washington St	(619) 699-9008
Mission Valley Dentists	Facility #512417	5638 Mission Center Rd #107	(619) 220-0159
Neighborhood Dental	Facility #244562	4276 54 th Pl #A	(619) 286-6909
North Park Modern	Facility #688851	2050 El Cajon Blvd	(619) 637-9774
Pacific Dental	Facility #239014	9330 Mira Mesa Blvd #B 5965	(858) 693-9070
Pacific Highlands Dentistry	Facility #601124	Village Way #E206 1975	(858) 900-3541
PB Smiles Dentistry	Facility #561763	Garnet Ave #E	(858) 866-0808
Prime Dental	Facility #507686	10717 Camino Ruiz #150 9840	(858) 831-9288
Rancho Penasquitos	Facility #694791	Carmel Mountain Rd	(858) 240-9953
Scripps Poway Dental	Facility #426963	11134 Bernardo Center Dr	(858) 485-0707
Serra Mesa Modern	Facility #668697	6790 Top Gun St #5	(858) 831-0707
Smile By Us	Facility #213868	Mira Mesa Blvd	(619-260-4990)
Stephens Dental	Facility #670579	3588 4 th Ave #300 #300	(619) 497-0122
Stonecrest & Orth	Facility #441080	3737 Murphy Canyon Rd #C-2	(858) 694-0790
Tierrasanta Dental	Facility #280978	10405 Tierrasanta Blvd	(858) 492-9300
Western Dental	Facility #194513	3802 Clairemont Mesa Blvd	(858) 200-7308
Western Dental	Facility #200150	2510 University Ave	(619) 294-4500
Western Dental	Facility #459145	4123 University Ave	(619) 521-0012
Western Dental	Facility #677493	5807 University Ave #3,4,5	(619) 610-1129
Western Dental	Facility #694451	286 Euclid Ave #201	(619) 263-6683

San Marcos

Anna V Durkin	Facility #251590	1344 E Mission Rd #C	(760) 740-0070
Bright Now!	Facility #446563	752 S Rancho Santa Fe Rd	(760) 936-0002
Las Posas Dental	Facility #512276	145 S Las Posas Rd #162 709	(760) 736-4247
San Marcos & Or	Facility #264792	Center Dr #101	(760) 746-2045
San Marcos Modern	Facility #760161	675 S Rancho Santa Fe Rd #A	(760) 688-4753
Western Dental	Facility #511697	169 S Rancho Santa Fe Rd	(760) 916-9605
Imperial Dental Group	Facility #765119	137 S Las Posas Rd #250	(760) 282-3181
Km Dental Specialists	Facility #797183	327 S Rancho Santa Fe Rd	(760) 744-3005

Santee

Santee Smiles	Facility #563561	9331 Mission Gorge Rd #105	(619) 448-2158
Town Center Dental	Facility #256053	9862 Mission Gorge Rd #E	(619) 596-1600
Walter Drexl	Facility #170192	8760 Cuyamaca St #205	(619) 258-8824
Santee Town Center Dental	Facility# 770039	246 Town Center Pkwy	(619) 312-6006

Solana Beach

Lomas Santa Fe Dental	Facility #383324	530 Lomas Santa Fe Dr #5 #5	(858) 755-7149
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Temecula

Anthem Dental	Facility #551704	29049 Overland Dr #C	(951) 506-4900
Bright Now!	Facility #286119	30571 Temecula Pkwy #D	(951) 693-2079
Bright Now!	Facility #408808	39804 Winchester Rd #B	(951) 695-7100
Butterfield Dental	Facility #415460	33321 Temecula Pkwy #104	(951) 302-7508
Deep Muko	Facility #533064	32605 Temecula Pkwy #213	(951) 303-2818
Dr Zak	Facility #100196	41593 Winchester Rd #211	(951) 296-3366
Friendly Dental	Facility #197830	28314 Old Town Front St	(951) 676-8920
Meadows Dental	Facility #421888	31843 Rancho California Rd #300	(951) 676-2613
Oasis Family Dental	Facility #203532	41278 Margarita Rd #101	(951) 695-2290
Pacific Dental	Facility #249092	31754 Temecula Pkwy #E	(951) 694-5255
Skyview Dental	Facility #665450	31213 Temecula Pkwy #200	(951) 302-2116
Smiles of Temecula	Facility #611978	27365 Jefferson Ave #L-M	(951) 719-1199
Susivien Martinez	Facility #269284	32483 Temecula Pkwy #E119	(951) 303-1399
Temecula Dental	Facility #211695	29560 Rancho California Rd #100	(951) 699-2144
Temecula Modern Dentistry	Facility #668744	40705 Winchester Rd #A103	(951) 252-6001
Western Dental	Facility #506446	41115 Winchester Rd #102	(951) 331-7020
Temecula Valley Dentistry	Facility #765801	27315 Jefferson Ave #G2	(951) 296-9661

Vista			
Gentle Dental	Facility #513040	1680 S Melrose Dr #108	(760) 599-5805
Main Street Dental	Facility #440839	1830 Hacienda St #1 Vista	(760) 295-9870
Monarca Dental	Facility #437090	706 Townsite Dr	(760) 724-4392
Ronald R Garner Pc	Facility #670873	612 E Vista Way	(760) 724-2113
Alta Vista Dental	Facility# 423756	775 Shadowridge Dr	(760) 734-3660
Vista	Facility #253956	435 S Melrose Dr #105	(760) 758-7580
Vista Modern Dentistry	Facility #688850	1350 E Vista Way #10	(760) 208-1173
Vista Village Family	Facility #438392	950 Civic Center Dr #B	(760) 208-4030
Vistaview Dental	Facility #682810	1235 W Vista Way #C	(619) 378-9395
Western Dental	Facility #671187	1450 N Santa Fe Ave #A&C	(760) 240-7494

Vision

VSP Vision Monthly Premium	
Member Only	\$10.50
Member + One (Spouse / Domestic Partner <u>or</u> Child)	\$21
Member + Family	\$31

Eyecare is vital to your overall wellbeing. Eye exams not only can detect signs of potentially blinding conditions like glaucoma, diabetic eye disease, and macular degeneration, but they can also detect signs of cardiovascular disease, hypertension, diabetes, and high cholesterol that may go unnoticed.

This VSP PPO vision plan allows you to use any eye care provider, but choosing a VSP Choice Network provider provides you the highest benefits and lowest out-of-pocket costs. **Local VSP “Choice Network” providers can be found at: www.VSP.com**

Benefit	VSP Choice Provider	Non-Network Provider
Eye Exam	Covered in Full	\$45
Lenses		
Single Vision	Covered in Full	\$30
Bifocal	Covered in Full	\$50
Trifocal	Covered in Full	\$65
Lenticular	Covered in Full	\$100
Progressive (Standard)	Covered in Full	N/A
Contacts		
Fit & Follow-Up Exam	\$60 Co-Pay	Not Covered
Elective	\$200	\$105
Frames	\$200	\$70
Deductible	Exam: \$10 / Material: \$25	
Frequency (Months)	Exam: 12 / Lens: 12 / Frame: 24	

Lens Options at VSP Providers	Member Co-Pay
Progressive Lenses (<i>Premium & Custom</i>)	\$40
Polycarbonate (<i>Standard</i>)	Child: \$0 / Adult: \$33
Dye (Plastic Gradient / Solid Plastic)	\$15 - \$17
Photochromatic Lenses	\$31 - \$82
Scratch Resistant Coating	\$17 - \$33
Anti-Reflective Coating	\$43 - \$85
Ultraviolet Coating	\$16

Personal Accident

All Benefit Levels Include Secure Travel Rider

Benefit Levels	Member Monthly Premium	Member & Family Monthly Premium
\$100,000	\$4.90	\$6.60
\$200,000	\$9.80	\$13.20
\$300,000	\$14.70	\$19.80
\$400,000	\$19.60	\$26.40
\$500,000	\$24.50	\$33.00
Spouse / Domestic Partner benefit is 50% of member benefit (40% if child is covered). Child benefit is 10% of member benefit, max \$30,000. Age reduction applies: Age 70: 65%; Age 75: 45%; Age 80: 30%		

This low-cost policy protects you and your loved ones in case of serious injury or death in an accident. Coverage is guaranteed - no medical questions and all ages are covered! Coverage is also available for your spouse/domestic partner and your child(ren) up to age 26.

The Personal Accident portion of this plan is a **cash benefit**. If you or your covered loved one is seriously injured or killed in an accident, a cash benefit will be paid out. Member benefit levels range from \$100,000 to \$500,000.

Additional benefits included at no additional cost are:

- ✓ Up to an additional \$25,000 for home alteration & vehicle modification.
- ✓ Up to an additional \$10,000 for rehabilitation expenses.
- ✓ Up to an additional \$37,500 for wearing a seatbelt & having a functioning airbag.

The **Secure Travel** rider is included with all benefit levels. It provides special benefits any time you travel more than 100 miles from your home. Use of these benefits does not reduce payment level you have selected for Personal Accident. These benefits are completely independent.

- ✓ Emergency Medical Evacuation
- ✓ Repatriation of remains
- ✓ Prescription refill services
- ✓ Assistance with lost or stolen items
- ✓ Translation and interpretation services
- ✓ If traveling alone, transportation for a loved one if you're going to be hospitalized for 10+ days.
- ✓ Return travel for companion who is delayed due to your emergency.
- ✓ Return travel for dependent child (<16) who is left unattended because of your emergency.
- ✓ Up to \$10,000 upfront guarantee of payment for needed medical expenses so you can get the necessary care you need. You are responsible for repaying these funds to Secure Travel.
- ✓ Emergency Cash Advance - Up to \$1,500
- ✓ Pre-trip planning services
- ✓ Emergency message relay
- ✓ Medical / Dental referrals
- ✓ Legal, Embassy, & Consulate referrals

ID Shield

Identity thieves target everyone, but seniors are disproportionately affected.

Monthly Premium <i>Note: An email address is <u>required</u> for ID Shield coverage.</i>	
Member Only	\$8.45
Member + Family (Children up to age 18)	\$15.95

No one needs to tell you how bad identity theft has become. We all know at least one person who was a victim. For the US alone, 33% of citizens have experienced identity theft, \$56 Billion in annual losses, 15 million victims, 2.5 million identities stolen, and it goes on. And it's all kinds of fraud. The most common fraud is for government benefits, followed by credit card, bank fraud, and utility fraud.

ID Shield members have both protection and peace of mind. Protection through numerous layers of monitoring and peace of mind that if something does happen, ID Shield's dedicated team of licensed private investigators will assist in protecting and restoring your identity – no matter how long it takes.

With its proprietary High-Risk Application and Transaction Monitoring, ID Shield checks to confirm details connected to your identity are safe. If changes are noted, you'll receive immediate notification.

Credit Bureaus are monitored. You're alerted to suspicious activity, credit checks, new accounts, cards reported lost/stolen/over limit, liens/judgements, you incorrectly listed as deceased, derogatory remarks, charge offs, bankruptcy filings, address changes, and addresses associated with your name.

Dark web scanning is performed on global black-market sites, chat rooms, file sharing networks, and social feeds. Scanning is done looking for a member's Personally Identifiable Information, matches of name, birthday, SSN, email address, Driver's License, Passport, Medical ID, and phone number.

Social Media Monitoring checks for over 20 different sources of fraud and identity theft. You may not have a Facebook, Twitter, LinkedIn, or Instagram account, but someone impersonating you may!

Court Records Monitoring detects criminal activity associated with your information due to potential ID theft. Hundreds of millions of records are searched using court records from county courts, Department of Corrections, Administration of the Courts, and other legal agencies.

Payday Loan monitoring covers thousands of online, rent-to-own, and payday lender storefronts, looking for unauthorized activity using your personal information.

ID Shield is pro-active in monitoring breaches. If one occurs, members have unlimited access to identity consultation services. If theft occurs, an investigator will advise you on best practices tailored to the specific situation and can open a case for restoration. ID Shield will do whatever it takes, for as long as it takes, to restore your identity to its pre-theft status.

Armadillo Home Warranty

Monthly Premium	
Appliances Plan	\$27.30
Essentials Plus Plan	\$53.99

Armadillo provides affordable protection when home appliances and systems break down. Whether it's kitchen, laundry, heating/cooling, plumbing, or electric, Armadillo covers the cost of repairs or replacements, coordinates service appointments, and ensures it's all done swiftly and hassle-free.

What makes Armadillo different from other home warranty companies?

- Transparency - The simplest 2-page home warranty plan out there.
- Less Fine Print - We removed over 80% of typical home warranty exclusions.
- Qualified and Reputable - We use only qualified and reputable service technicians.
- Flexibility - If you prefer, you may use your own trusted providers and we'll reimburse you.
- Faster than Fast - Request service in less than 2 minutes at any time.

Plans are available for your primary residence, vacation home, rental property, and your family members' homes. With three plans to choose from, it's easy to get the right level of protection.

Annual Coverage Details	Appliances Plan	Essentials Plus Plan
Level of protection	\$7,500	\$7,500
Service Fee per Claim	\$100	\$100
Kitchen Appliances	\$2,000	\$1,000
Laundry Appliances	\$2,000	\$1,000
Plumbing Systems	Not Covered	\$3,000
Electric Systems	Not Covered	\$3,000
Air Conditioning & Heating	Not Covered	\$2,000
Water Heater	Not Covered	\$1,000

*See additional details, terms, & conditions at www.pgagencies.com/icare/home/ or call (844) 403-2123

Emergency Assistance Plus

Emergency Assistance Plus <u>Annual</u> Premium	
Member Only	\$139
Member + Family*	\$199
*Family coverage includes Spouse and Dependent Children • Through age 18 • Through age 22, if unmarried and a full-time student • Adult children or grandchildren who are solely dependent on the member for support due to mental or physical disabilities.	
To enroll: www.myeaplust.com/pedit or call: (877) 883-1935.	

Emergency Assistance Plus (EA+) is a crucial safety net that protects you when you travel. Whether you're traveling across the state or across the world, this annual membership program protects you.

If facing a medical emergency, EA+ automatically steps in to help you with more than 20 emergency and medical services, so you can focus on your recovery and not on the costs. You'll feel confident knowing that if the hospital you're admitted to can't properly treat your condition, EA+ will transport you to the nearest appropriate hospital. Once you're stable, EA+ will arrange your transportation home.

EA+ services include:

Medical Evacuation

- Emergency medical monitoring by an EA+ medical expert.
- Air ambulance or emergency medical evacuation from an inadequate facility to the nearest appropriate facility.
- A medical specialist is sent to you to assist in determining your medical condition and travel suitability.
- Continuous updates to your designated family member or physician.

Medical Assistance

- Transferring your insurance information to medical providers to ensure your medical care is not delayed or denied.
- Cash advance for medical payments against a valid credit card.
- Prescription replacement assistance.
- Worldwide 24-hour doctor/ER/dentist/attorney locator.

Transportation Home

- Transportation home after hospitalization.
- A nurse escort during your trip home, if deemed necessary.
- Return of deceased remains.
- Vehicle returned home.

Assistance for Companions

- One round-trip economy-class airline ticket to bring a loved one to your hospital bedside if you're traveling alone.
- Airfare home for dependent children or grandchildren who are left unattended due to your hospitalization.
- Emergency message forwarding assistance.
- Pet care and return home assistance.
- Ticket home for a traveling companion if you are evacuated, transported home or pass away while away from home.

Vital Travel Assistance

- Intelligence regarding weather, travel, health, inoculations, travel restrictions, & special events.
- Real-time security intelligence on political unrest, social instability, weather, & health hazards.
- Emergency cash transfer assistance against a valid credit card.
- Lost luggage assistance.
- Document replacement assistance.
- Language interpretation assistance.
- Assistance in making flight arrangements, securing visas, and with other logistics if you need to leave a threatening situation.

EA+ has been exclusively offered by Worldwide Rescue & Security (WRS) for over 20 years. WRS is a leading provider of emergency travel, rescue and security products to members of affinity clubs, loyalty groups, alumni associations, professional organizations, auto clubs and airline loyalty programs. WRS partners with top medical assistance companies to provide emergency related services to members.

With EA+, you will have access to:

- Customized medical, security and travel assistance 24 x 7, 365 days a year,
- Access to a network of 32 medical assistance companies located over 5 continents,
- 53 response centers throughout the world,
- Access to over 1500 air ambulances worldwide,
- Medical teams responsible for continual monitoring of travelers around the world receiving medical attention,
- Expert staff fluent in 70+ languages and in-depth knowledge of local cultures and procedures.

Legal Shield

Legal issues can be costly. We've leveled the playing field for about 50¢ a Day!

Monthly Premium is \$15.95

Note: An email address is required for Legal Shield coverage.

Spouse / Domestic Partner coverage is automatically included.

Child coverage is included if the child meets one of the following criteria:

- 1) Under 18.
- 2) Under 21 (23 if full-time student) and they live at home and have never been married.
- 3) Any age, mentally or physically disabled, and a dependent of the member.

Have you ever needed a Will prepared or updated? Signed a contract and not known exactly what you were agreeing to? Received a traffic ticket? Had an insurance claim denied? Wouldn't it be nice to say, "I'll have my attorney handle this" and actually mean it? With Legal Shield, you can say it and mean it.

For more than 40 years, Legal Shield has provided members direct access to attorneys, available 24/7 for covered emergency situations. Legal Shield's nationwide network of affiliate lawyers have an average of 19 years of experience. When you need help, you won't have to talk to a rookie, a paralegal, or a law clerk, but rather you will deal directly with highly experienced lawyers.

No one ever plans on legal trouble, but the unpredictability of life often throws you a curveball. Instead of trying to navigate the legal system alone, Legal Shield can help you. Whether it's as simple as writing a letter or having an attorney make a call on your behalf, or a more serious issue that leads to time in court, you can breathe easy with Legal Shield on your side.

All legal consultations start off with a call to the main provider law firm in your state. For California, the law firm of Parker Stanbury has been retained. Parker Stanbury is a full-service law firm with specialists in many areas of the law. With over 40 attorneys on staff, with a combined 700+ years of legal experience, Parker Stanbury can help with your legal issues.

Many experienced lawyers charge \$400 an hour or more. With Legal Shield, you'll experience the safety and security that over 4,000,000 members enjoy, all for around 50¢ a day. Access to convenient quality no-cost legal help will only be a toll-free phone call away. Your dedicated law firm is paid by Legal Shield, so their sole focus is on serving you, not billing you.

Benefits of Legal Shield membership include:

Advice - Your attorney may provide unlimited legal advice on a wide range of legal topics, both personal and professional.

Standard Will Preparation with Annual Reviews/Updates - Having an up-to-date Will is part of being a responsible adult. However, 68% of Americans don't have one and the numbers are even higher for minorities. Legal Shield members may receive a Will with annual updates/reviews at no cost. Spouses and covered children may have a Will drafted for just \$20.

Wills can help protect your assets from probate and intestacy laws and significantly reduce the time spent in costly probate court. They provide control of gifting assets to the specific people you choose. You also receive peace of mind, knowing that your assets are protected, and your loved ones cared for.

Living Wills and Healthcare Power of Attorneys are also available. For members requiring a significantly higher level of estate planning, **Trust** preparation is available with a 25% discount.

Letters and Phone Calls on Your Behalf - Attorneys will write letters or make phone calls on your behalf at no cost to you. Whether it's a person or company that has taken advantage of you, refused to do as promised, didn't honor a return, or did a poor job, once the other party sees that you have legal representation, they know you are serious and will work to get the situation resolved.

Legal Document Review - Attorneys will review contracts and legal documents up to 10 pages each. They will explain in "plain English" any legal terms and will suggest any changes they deem necessary. If the other party has acted improperly, the attorney can contact them on your behalf to resolve the issue.

Whether signing a cell phone contract, booking a hotel, or wanting to ensure you get your full security deposit back, legal document review can save you thousands of dollars and countless headaches.

Motor Vehicle Services - Attorneys will help you navigate the twisting roads of moving violations, accidents, defense for charges of manslaughter, involuntary manslaughter, negligent homicide, or vehicular homicide, damage recovery, driver's license issues and personal legal injury assistance.

IRS Audit Legal Services – The prospect of an audit is terrifying. Even worse, the IRS conducts audits of all tax brackets, not just the rich. With Legal Shield, if audited, your attorneys will provide consultation or assistance and you may receive up to 50 hours of attorney's time to help defend the audit.

Trial Defense - If you or your spouse are named as a defendant in a covered civil or criminal action, your Legal Shield attorney will provide up to 60 hours of defense at no additional cost to you.

Other Issues - Your law firm may provide coverage for issues not covered by this plan. These services are offered at a negotiated rate, which is **at least 25% below standard rates**. These issues may include DUI, drug matters, hit-and-run, bankruptcy, divorce and related matters, garnishments, charges of tax fraud\evsion, business tax returns, and suits filed due to conditions that were foreseeable prior to enrollment.

*Note: Benefits listed are for California. Benefits outside California may vary slightly.
Certain benefits have limits on time and scope of coverage.*

Pet Insurance by Nationwide

Available for Dogs, Cats, Birds, & Exotic Animals

Our cuddly companions are part of the family, and we strive to provide them with the best care, but sometimes costs make decisions difficult. Pet insurance removes costs from the decision process and allows you to focus on the best course of treatment for your loved ones.

Nationwide Pet Insurance offers multiple plans to meet your needs. They offer both defined benefit plans that pay a set dollar amount for each covered procedure. They also offer percentage reimbursement style plans that pay a percentage (50% and 70% levels available) of the procedure cost.

All plans allow you to use any vet, including specialty and ER, of your choosing. Plans may include coverages for:

- Veterinary Exams
- Wellness Exams
- Vaccinations
- Prescription Medicine
- Hospitalization
- Surgeries
- Injuries
- Illnesses
- Cancer
- Specialty Vets
- Emergency Vets
- Hereditary Condition
- Chronic Condition
- X-Ray, MRI, CT Scan, Ultrasound
- Prescribed Therapeutic Diets
- Prescribed Nutritional Supplements
- Dental Diseases
- Congenital Conditions
- Blood Disorders
- Eye Disorders
- Musculoskeletal Disorders
- Respiratory Conditions
- Behavioral Exam & Treatment
- Flea & Heartworm Prevention
- Blood Work
- Urinalysis
- Diagnostic Testing
- 24/7 *vethelpline*

Monthly Premiums (Paid Directly to Nationwide)

Premiums vary based on your desired coverage level and factors such as pet type, breed, and age.

For a quote, to enroll, or for more information, visit www.petinsurance.com/icare or call Nationwide at (877) 738-7874 and mention ICARE for the special discounted rates.



United Pet Care Benefits Summary

United Pet Care is the affordable pet health savings plan that works for all pets.

For less than \$20/month per pet, **save 20-50% on every visit to an in-network primary care vet**, without the red-tape that comes with the other pet insurance providers (like higher rates as your pet ages, mandatory deductibles, or exclusions on pre-existing conditions, breed, or age).

To learn more, visit unitedpetcare.com/members and enroll to save **for the lifetime of your pet**, not just while you're with your employer!

What's Included

When you become a UPC member, you'll gain lifetime access to:

- 20-50% savings at an in-network primary care veterinarian
- Free 24/7 virtual care for off-hour questions and concerns
- **NEW:** \$500, 0%-interest Fido Vet Spending Card, powered by medZERO*
 - Can be used at any vet in the U.S., including those outside UPC's network
- Up to 87% savings on prescriptions with a human equivalent
- Savings on mobile care, testing kits, training, and more!

UPC Monthly Rates	
First Pet	\$17.50
Each Additional Pet	\$16.50

Enroll Today!

To start saving on your pet's healthcare, follow these 5 simple steps:

1. **Enter your information** at unitedpetcare.com/enroll
2. **Check "Yes"** when asked if you're enrolling through a benefits plan and **select your employer/group**.
3. **Review** your plan rates and select your Primary Care Vet using the search tool.
4. **Finalize your information** and add your pet information in your UPC member portal.
5. **Save your ID card from the portal** and show it at your selected vet to start saving!



Visit unitedpetcare.com/enroll to enroll today!

Questions? Email info@unitedpetcare.com, call 877-872-8800, or visit unitedpetcare.com/members.

*Fido by medZERO is administered by medZERO, Inc., with financing provided by its lending partners. United Pet Care (UPC) members are provided access to this program but UPC is not involved in lending decisions, program administration or operations. No credit checks are required. Most members will qualify; however, in some cases, additional eligibility verification may be required, and individual approval results may vary. medZERO loans are issued at 0.0% APR with no interest or fees. This is not a loan offer. All loans are subject to review and approval by medZERO's lending partners. Please refer to your medZERO Loan Agreement for full terms. Refer to <https://get.medzero.com/fidoupc> for details.

Term Life Insurance

High Benefit Amounts - Low Costs

Estimated Monthly Rates per \$100,000 Benefit (Average healthy non-smoker)				
Age	Female		Male	
	10 Year	20 Year	10 Year	20 Year
60	\$43	\$60	\$51	\$81
65	\$62	\$110	\$83	\$142
70	\$95	\$212	\$137	\$235
75	\$166	Not Available	\$241	Not Available
Must be under age 76 to qualify for coverage.				

Term life insurance allows you to protect your loved ones from outstanding debts such as a mortgage, credit cards, or hospital bills, or covering an obligation you made, such as college tuition for a grandchild. Minimum amount of coverage is \$100,000.

Term refers to a set amount of time during which the policy is active. Premiums never change and the benefit amount stays the same. Your beneficiary will receive the full benefit upon your passing. Term policies do not accrue cash value and you may cancel them at any time.

Rates are medically underwritten. A free and fast in-home health check by a nurse is required. This typically lasts around 20 minutes.

Note: People with diabetes, heart disease, high cholesterol, or high blood pressure may not qualify. Those who do will have premium rates approximately 100% higher.

People actively taking medication for or treated within the last two years for cancer, depression, heart attack, or stroke will not qualify for coverage.

Non-smoker means no tobacco use in 24 months. Tobacco user premiums are approximately 150% higher.

Start Hearing

Your Source for Better Hearing

Start Hearing offers hearing benefits and exclusive discounts on Best-in-Class hearing aid technology, including rechargeable hearing aids and sophisticated tinnitus products. Our complimentary program is designed to help members and their families with their hearing needs and improve their quality of life through better hearing.

Start Hearing is a division of Starkey Hearing Technologies, the only remaining American owned and operated hearing aid manufacturer. We put members at the center of their own hearing health journey – with or without an insurance benefit or referral – and expertly guide them to the right technology based on their personal wants, needs and lifestyle.

Members and their families receive:

- Discounts up to 48% on today's latest technology
- 60-day risk-free trial period
- One year of free office visits (limit of six)
- Access to a nationwide network of 3,000+ hearing professionals
- FREE warranty plan, including repairs and loss & damage.

At Start Hearing, we believe, and research shows, that hearing better improves your overall health and wellness. Our goal is to help you live your fullest life

Start Hearing Health Care

**The Benefit is FREE to
All ICARE Members & Their Family**

To take advantage of this benefit, simply call Start Hearing at **888-200-5701** and let them know you're an ICARE member. A Hearing Care Advisor will assist you.

Notes

Frequently Asked Questions

When does the Open Enrollment period end?

Forms must be postmarked by November 14, 2025. We strongly recommend you submit your form as early as possible, so we may address any issues and make sure you receive an ID card before your coverage(s) start.

When do the coverages begin?

Coverages will begin January 1, 2026.

I'm not making any changes; do I have to do anything?

No! If you are not making any changes to your current coverages, you do not need to submit an enrollment form. Your current coverages will continue.

Can I add my spouse/domestic partner or dependent child to my coverage?

Yes. To add a dependent to your coverages, complete the enrollment form and select the appropriate Member + [Dependent] box. Please make sure to provide all the dependent information.

How do I cancel a benefit I'm currently enrolled in?

If you wish to cancel a benefit, please write cancel across the benefit box. *Leaving the box unchecked will not cancel that benefit.* You may also send an email to cancel@pgagencies.com stating your name, date of birth, and which benefit plan you wish to cancel. Please note, we cannot cancel your membership in the retiree association. You must contact the association for membership changes.

Who do I contact with questions?

With regards to *any benefit plan listed in this booklet*, please contact Pacific Group Agencies, the Benefit Plans Administrator, at 800-511-9065 or ICARE@pgagencies.com.

Do NOT contact ICARE, ICERS, or Imperial County about these plans. They will be unable to help you.

I have coverages with the County, do I have to cancel their plan if I enroll in yours?

Enrolling in these plans will not affect your enrollment in other plans. If you wish to cancel a County plan, you must contact them directly.

Notes

Disclaimer & Member Requirements

In promoting the health, well-being, happiness, and continuing productivity of its members, ICARE members have access to voluntary benefits offered through Pacific Group Agencies (PGA). ICARE itself does not endorse, provide, or administer these benefits, but rather makes them available to members. ICARE may receive compensation from PGA for administrative assistance and member access.

This guide contains summaries and highlights. Certain wording has been shortened or changed into “plain English”. Exclusions, limitations, and eligibility requirements may apply. While every effort has been made to ensure this information is accurate and fairly represents the coverage offered, mistakes can occur. This is not a Certificate of Insurance (COI) and nothing written or implied will change the COI terms.

An individual cannot assume they have effective coverage, even if they submitted an enrollment form, until the carrier has sent the proposed insured verification of coverage including effective date.

Insurance carriers have the right at any time to change: the rules, regulations, terms of coverage, availability, guidelines placed on the application, policies, enrollment, rates, and offering of products. While infrequent, without warning providers may discontinue their affiliation with an insurance company. There is no guarantee that a provider will remain affiliated with an insurance company.

Some plans have a minimum commitment. Should you cancel coverage by any action, including stopping payment, before the commitment is up, PGA, at its sole discretion, reserves the right to retroactively cancel your insurance to the original effective date and refund your premiums paid. You acknowledge responsibility for any outstanding or paid claims and discounts received by utilizing a network provider.

Coverage may be terminated without warning should payment stop for any reason or your ICARE membership lapses.

Cancellations:

- Cancellations must be received by the 5th of the month for processing for the next following month.
- **We do not accept phone cancellations.** Cancellations must be in writing to PGA, by email (cancel@pgagencies.com), mail, or fax (800-549-0059). Cancellations sent to the insurance carrier, retirement system, or ICARE, may not be processed and under no circumstance is PGA liable to refund premiums taken due to us not receiving proper or timely notice. PGA may adjust your cancellation date to match deductions received.
- Payment cancellation may result in monies being owed to PGA for premiums advanced. You agree to reimburse PGA all monies owed, and costs associated with collection of these monies.
- Retroactive cancellation requests will not be honored.

It is the responsibility of the member to:

- Report to PGA changes that affect insurability or eligibility of dependents, including children becoming over-age. We do not track the age of your children. Notifying the retirement system or ICARE will not suffice as privacy laws prevent the relay of this information. Premiums are considered earned and cannot be refunded should you fail to notify us.
- Confirm you are enrolled in the correct and suitable plan.
- Maintain ICARE membership while enrolled in the benefits.
- Provide address changes to PGA.

For questions on the plans or the enrollment process, please contact the plan administrator, Pacific Group Agencies, CA License 0078489, at: (800) 511-9065 or ICARE@pgagencies.com.

Notes

The beautiful desert scenery of the Picacho State
Recreation Area in Imperial County, California.
Photo Courtesy Adobe Stock Images.



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Monday - Friday 7AM - 4PM

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